

2024 CHANGES TO COMPETITION KITS

SECTION	CHANGE
AERIAL MINIS LYRA/SILKS	 There are 4 Aerial Minis categories that are separated by age and/or skill level. Please check the routine requirements for each of these. These new levels are: Aerial Minis - Junior (7 - 9 Years) Aerial Minis - Intermediate (12 Years & Under) Aerial Minis - Advanced (12 Years & Under) Aerial Minis - MiniStars (12 Years & Under)
SILKS SOLO: AERIAL MINIS - ADVANCED (12 Years & Under)	 REQUIREMENTS - At least one drop. Drops can include: Maximum 1.5 rotations. Maximum one directional change, must show a halt/stall between rotations. REQUIREMENTS - At least one, non-basic climb. REQUIREMENTS - Integration of floor work. RESTRICTIONS - Drops that involve more than 1.5 rotations or that include a directional change without a stall.
SILKS SOLO: AERIAL MINISTARS (12 Years & Under)	REQUIREMENT - Two drops. Drops can include: Maximum 2.5 rotations. Maximum one directional change. RESTRICTIONS - Drops that involve more than two 2.5 rotations
SILKS SOLO: INTERMEDIATE (13 - 17 Years)	 REQUIREMENT - At least one drop. Drops can include: Maximum 1.5 rotations. Maximum one directional change, must show a halt/stall between rotations. RESTRICTIONS - Drops that involve more than 1.5 rotations or that include a directional change without a stall.
SILKS SOLO: ADVANCED (13 - 17 Years)	REQUIREMENT - Two drops. Drops can include: Maximum 2.5 rotations. Maximum one directional change. RESTRICTIONS - Drops that involve more than 2.5 rotations.
SILKS SOLO: ALL STARS (13 - 17 Years)	REQUIREMENT - Two high level drops. E.g. Drops with more than 1.5 rotations, directional changes or dynamic and open wrap drops.
SILKS SOLO: AMATEUR (18 Years +)	 REQUIREMENT - At least one drop. Drops can include: Maximum 1.5 rotations. Maximum one directional change, must show a halt/stall between rotations. RESTRICTIONS - Drops that involve more than 1.5 rotations or that include a directional change without a stall.

SILKS SOLO: ADVANCED (18 Years +)	REQUIREMENT - Two drops. Drops can include: Maximum 2.5 rotations. One directional change. RESTRICTIONS - Drops that involve more than 2.5 rotations
SILKS SOLO: ELITE (18 Years +)	REQUIREMENT - Two high level drops. E.g. Drops with more than 1.5 rotations, directional changes or dynamic and open wrap drops.
LYRA SOLO: AERIAL MINIS ADVANCED (12 Years & under)	 REQUIREMENTS - At least one skill that incorporates the use of the top bar and/or spanset. RESTRICTIONS - Continuous rolls/more than two rotations of the same roll. This new level now allows for work above the bar and on the spanset. However be aware of restriction 2 in this level as and flipping or lifting of the hoop will engage a deduction
OPEN APPARATUS SOLO (12 Years & Under, 13 - 17 Years, 18 Years +)	RESTRICTIONS - Head First Drops with single or double ankle catches. (Hammock only)
OPEN APPARATUS SOLO : (Masters)	 RESTRICTIONS - Head First Drops with single or double ankle catches. (silks & hammock) RESTRICTIONS - Open wrap drops. (silks & hammock) RESTRICTIONS - Dynamic release skills or drops where the entire body releases contact from the apparatus without re-catching. Drops where part of the body remains in contact with the apparatus are permitted.
OPEN APPARATUS PERFORMANCE SOLO (17 Years & Under) (18 Years +)	RESTRICTIONS - Open wrap drops. (silks & hammock) RESTRICTIONS - Dynamic release skills or drops where the entire body releases contact from the apparatus without re-catching. Drops where part of the body remains in contact with the apparatus are permitted.
ACDODATICS & CIDCUS All floor based routines will be combined into one "Acrobatics & Circus"	

ACROBATICS & CIRCUS - All floor based routines will be combined into one 'Acrobatics & Circus' sections.