

## 2024 CHANGES TO COMPETITION KITS

SECTION	CHANGE
<b>AERIAL MINIS LYRA/SILKS</b>	<p>There are 4 Aerial Minis categories that are separated by age and/or skill level. Please check the routine requirements for each of these. These new levels are:</p> <ul style="list-style-type: none"> <li>• Aerial Minis - Junior (7 - 9 Years)</li> <li>• Aerial Minis - Intermediate (12 Years &amp; Under)</li> <li>• Aerial Minis - Advanced (12 Years &amp; Under)</li> <li>• Aerial Minis - MiniStars (12 Years &amp; Under)</li> </ul>
<b>SILKS SOLO: AERIAL MINIS - ADVANCED</b> (12 Years & Under)	<p><b>REQUIREMENTS</b> - At least one drop. Drops can include: Maximum 1.5 rotations. Maximum one directional change, must show a halt/stall between rotations.</p> <p><b>REQUIREMENTS</b> - At least one, non-basic climb.</p> <p><b>REQUIREMENTS</b> - Integration of floor work.</p> <p><b>RESTRICTIONS</b> - Drops that involve more than 1.5 rotations or that include a directional change without a stall.</p>
<b>SILKS SOLO: AERIAL MINISTARS</b> (12 Years & Under)	<p><b>REQUIREMENT</b> - Two drops. Drops can include: Maximum 2.5 rotations. Maximum one directional change.</p> <p><b>RESTRICTIONS</b> - Drops that involve more than two 2.5 rotations</p>
<b>SILKS SOLO: INTERMEDIATE</b> (13 - 17 Years)	<p><b>REQUIREMENT</b> - At least one drop. Drops can include: Maximum 1.5 rotations. Maximum one directional change, must show a halt/stall between rotations.</p> <p><b>RESTRICTIONS</b> - Drops that involve more than 1.5 rotations or that include a directional change without a stall.</p>
<b>SILKS SOLO: ADVANCED</b> (13 - 17 Years)	<p><b>REQUIREMENT</b> - Two drops. Drops can include: Maximum 2.5 rotations. Maximum one directional change.</p> <p><b>RESTRICTIONS</b> - Drops that involve more than 2.5 rotations.</p>
<b>SILKS SOLO: ALL STARS</b> (13 - 17 Years)	<p><b>REQUIREMENT</b> - Two high level drops. E.g. Drops with more than 1.5 rotations, directional changes or dynamic and open wrap drops.</p>
<b>SILKS SOLO: AMATEUR</b> (18 Years +)	<p><b>REQUIREMENT</b> - At least one drop. Drops can include: Maximum 1.5 rotations. Maximum one directional change, must show a halt/stall between rotations.</p> <p><b>RESTRICTIONS</b> - Drops that involve more than 1.5 rotations or that include a directional change without a stall.</p>

<b>SILKS SOLO: ADVANCED</b> (18 Years +)	<b>REQUIREMENT</b> - Two drops. Drops can include: Maximum 2.5 rotations. One directional change. <b>RESTRICTIONS</b> - Drops that involve more than 2.5 rotations
<b>SILKS SOLO: ELITE</b> (18 Years +)	<b>REQUIREMENT</b> - Two high level drops. E.g. Drops with more than 1.5 rotations, directional changes or dynamic and open wrap drops.
<b>LYRA SOLO: AERIAL MINIS ADVANCED (12 Years &amp; under)</b>	<b>REQUIREMENTS</b> - At least one skill that incorporates the use of the top bar and/or spanset. <b>RESTRICTIONS</b> - Continuous rolls/more than two rotations of the same roll. <b>This new level now allows for work above the bar and on the spanset. However be aware of restriction 2 in this level as and flipping or lifting of the hoop will engage a deduction</b>
<b>OPEN APPARATUS SOLO</b> (12 Years & Under, 13 - 17 Years, 18 Years +)	<b>RESTRICTIONS</b> - Head First Drops with single or double ankle catches. (Hammock only)
<b>OPEN APPARATUS SOLO:</b> (Masters)	<b>RESTRICTIONS</b> - Head First Drops with single or double ankle catches. (silks & hammock) <b>RESTRICTIONS</b> - Open wrap drops. (silks & hammock) <b>RESTRICTIONS</b> - Dynamic release skills or drops where the entire body releases contact from the apparatus without re-catching. Drops where part of the body remains in contact with the apparatus are permitted.
<b>OPEN APPARATUS DUO</b> (12 Years & Under, 13 - 17 Years, 18 Years +)	<b>RESTRICTION</b> - Single Foot or Heel hangs. (Double Foot/Heel hangs are acceptable).
<b>OPEN APPARATUS PERFORMANCE SOLO</b> (17 Years & Under) (18 Years +)	<b>RESTRICTIONS</b> - Open wrap drops. (silks & hammock) <b>RESTRICTIONS</b> - Dynamic release skills or drops where the entire body releases contact from the apparatus without re-catching. Drops where part of the body remains in contact with the apparatus are permitted.
<b>ACROBATICS &amp; CIRCUS</b> - All floor based routines will be combined into one 'Acrobatics & Circus' sections.	
<b>VERSION 2 - PUBLISHED APRIL 2024</b>	
<b>OPEN APPARATUS PERFORMANCE SOLO</b> (17 Years & Under) (18 Years +)	<b>RESTRICTIONS</b> - Single Foot or Heel hangs. (Double Foot/Heel hangs are acceptable). <b>RESTRICTIONS</b> - Neck Hangs
<b>OPEN APPARATUS SOLO</b> (12 Years & Under, 13 - 17 Years, 18 Years +)	<b>RESTRICTION</b> - Open Wrap Drops (Hammock)